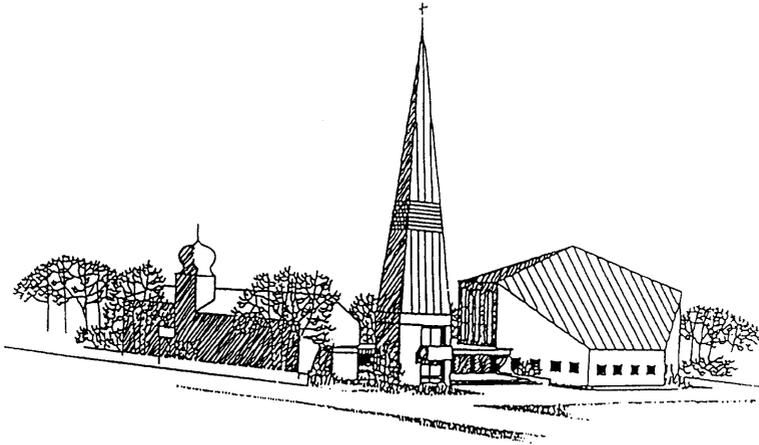


# The Holy Eucharist

Gathered and Livestream:  
Worshipping in Parish Hall



## The Church of the Ascension *Munich*

The Fourth  
Sunday after the Epiphany  
The Church of the Ascension

January 28, 2024

12.00 p.m.

<http://www.ascension-munich.org/>  
Seybothstrasse 4, 81545 Munich

*The Episcopal Church in the Anglican Communion*

The Reverend Daniel R. Morrow    *revdanmorrow@gmail.com*  
*Priest-in-Charge*

The Reverend Canon Dr. Alison J. Gray    *revalgray@ascension-munich.com*  
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Donald Adewale  
Lloyd Denton  
Roger Houghton

Amy Jordan  
Shema Paul  
Lena Petri

Maria Ramadori-  
Volker  
Laura Smith  
Joachim Zeller

*Members of the Vestry*

Patrick Kana    *Sexton*  
Julia Gaspar    *Parish Administrator*

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**SERVING IN WORSHIP TODAY**

The Reverend Daniel R. Morrow, *Celebrant / Preacher*

Nathaniel Anene    □    Charlotte Rieger    □    Martin Schaeffer  
*Acolytes*

Carol Forrester    □    Priscilla Klingl  
*Altar Guild*

Mary Wulf    □    Peter Gray  
*Ushers*

Gudrun Forstner  
*Organist*

Paul T. Pilgram  
*Bell Ringer*

Barbara Norman  
*Intercessor*

Daniel Menzel    □    Deidre L. Tincker    □    Philippa Menzel (in church)  
Jo Westcombe (online)  
*Tech Team*

Amy Jordan    □    Joachim Zeller (back-up)  
*Key Duty*

# The Holy Eucharist

Gathered and Livestream

The Fourth Sunday after the Epiphany

## ORDER OF SERVICE

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*A warm welcome to all!*

***Please keep your microphones muted on Zoom  
for the duration of this service.***

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*All are invited to stand*

Please omit vs 4&5

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
 3 Je - sus! the Name that charms our fears and bids our sor - rows cease;  
 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!  
 2 and spread through all the earth a - broad the hon - ors of thy Name.  
 3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.  
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
 be now and ever given  
 by saints below and saints above,  
 the Church in earth and heaven.

*Celebrant* Blessed be the one, holy, and living God.

*People* Glory to God for ever and ever.

*The Celebrant and People together*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - mighty God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*People* Amen

*All are invited to be seated*

## The Lessons

The First Reading | Deuteronomy 18:15-20 *Read in German by Daniel Menzel*

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

*Reader* The Word of the Lord.

*People* Thanks be to God

**Psalm | 111, Confitebor tibi**

*Led by Amanda Höschler*

1 Hallelujah!

I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the congregation.

2 Great are the deeds of the Lord! \*  
they are studied by all who delight in them.

3 His work is full of majesty and splendor, \*  
and his righteousness endures forever.

4 He makes his marvelous works to be remembered; \*  
the Lord is gracious and full of compassion.

5 He gives food to those who fear him; \*  
he is ever mindful of his covenant.

6 He has shown his people the power of his works \*  
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

8 They stand fast for ever and ever, \*  
because they are done in truth and equity.

9 He sent redemption to his people;  
he commanded his covenant forever; \*  
holy and awesome is his Name.

10 The fear of the Lord is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures forever.

**The Second Reading | 1 Corinthians 8:1-13**

*Read by Amanda Höschler*

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader*        The Word of the Lord.  
*People*        Thanks be to God.

1 Thou, whose al - might - y word cha - os and dark - ness heard,  
 2 Thou who didst come to bring on thy re - deem - ing wing  
 3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,  
 4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,

and took their flight; hear us, we hum - bly pray, and, where the  
 heal - ing and sight, health to the sick in mind, sight to the  
 speed forth thy flight! Move on the wa - ters' face bear - ing the  
 wis - dom, love, might; bound - less as o - cean's tide, roll - ing in

Gos - pel day sheds not its glo - rious ray, let there be light!  
 in - ly blind, now to all hu - man - kind, let there be light!  
 gifts of grace, and, in earth's dark - est place, let there be light!  
 full - est pride, through the world, far and wide, let there be light!

The Gospel | Mark 1:21-28

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

*Celebrant* The Gospel of the Lord.

*People* Praise to you, Lord Christ.

**The Sermon**

*The Reverend Daniel R. Morrow*

*Silence may be kept.*

*All are invited to stand*

**The Nicene Creed**

We believe in one God,  
the Father, the Almighty, maker of heaven and  
earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of  
God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things  
were made.  
For us and for our salvation  
he came down from heaven: by the power of  
the Holy Spirit  
he became incarnate from the Virgin Mary, and was made  
man.  
For our sake he was crucified under Pontius Pilate; he suffered death  
and was buried.  
On the third day he rose again  
in accordance with the Scriptures; he ascended into  
heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead, and his kingdom  
will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds  
from the Father and the Son.  
With the Father and the Son he is worshiped and glorified. He has spoken  
through the Prophets.  
We believe in one holy catholic and apostolic Church. We acknowledge  
one baptism for the forgiveness of sins. We look for the resurrection of the  
dead,  
and the life of the world to come. Amen.

### **The Prayers of the People**

*Led by Barbara Norman*

We pray that Christ may be seen in the life of the Church.  
You have called us into the family  
of those who are the children of God.  
May our love for our brothers and sisters in Christ  
be strengthened by your grace.

Jesus, Lord of the Church,  
**in your mercy hear us.**

You have called us to be a temple  
where the Holy Spirit can dwell.  
Give us clean hands and pure hearts  
so that our lives will reflect your holiness.

Jesus, Lord of the Church,  
**in your mercy hear us.**

You have called us to be a light to the world,  
so that those in darkness come to you.

May our lives shine as a witness  
to the saving grace you have given for all.

Jesus, Lord of the Church,  
**in your mercy hear us.**

You have called us to be members of your body,  
so that when one suffers, all suffer together.  
We ask for your comfort and healing power  
to bring hope to those in distress.

Jesus, Lord of the Church,  
**in your mercy hear us.**

You have called us to be the Bride,  
where you, Lord, are the Bridegroom.  
Prepare us for the wedding feast,  
where we will be united with you forever.

Jesus, Lord of the Church,  
**in your mercy hear us.**

**Celebrant:**

Jesus, Lord of the Church,  
you have called us into fellowship with all your saints.  
We unite our prayers with theirs  
and ask for grace to serve you with joy  
where you live and reign with the Father and the Holy Spirit,  
one God, now and for all eternity.

**Amen.**

General Confession and Absolution

*Celebrant* Let us confess our sins against God and our neighbor.

*Silence*

*The Celebrant and People together*

Most merciful God, we confess that we have sinned against you in thought, word, and deed,  
by what we have done, and by what we have left undone. We have not loved you with our  
whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly  
repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may  
delight in your will, and walk in your ways, to the glory of your Name. Amen.

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,  
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
Amen.

**The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently  
bowing and without moving into the aisles.*

The Offertory

Walk in love, as Christ loved us and gave himself for us,  
an offering and sacrifice to God.

Ephesians 5:2

Offertory

Offertory Anthem From the rising of the sun / F. A. Gore Ouseley



Please offer your gifts to God by making a bank transfer (EUR or USD), scanning this QR code in your PayPal app or by making a regular financial commitment to Church of the Ascension using the form [http://bit.ly/financial\\_commitment\\_2024](http://bit.ly/financial_commitment_2024) . Even a small amount given regularly helps.

Doxology | From all that dwell below the skies

Hymnal 380

\*3 Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer 3

*Celebrant* The Lord be with you.  
*People* And also with you.

*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give our thanks and praise.

*Celebrant*

All thanks and praise  
 are yours at all times and in all places,  
 our true and loving God;  
 through Jesus Christ, your eternal Word,  
 the Wisdom from on high by whom you created all things.  
 You laid the foundations of the world  
 and enclosed the sea when it burst out from the womb;  
 You brought forth all creatures of the earth  
 and gave breath to humankind.  
 Wondrous are you, Holy One of Blessing,  
 all you create is a sign of hope for our journey;  
 And so as the morning stars sing your praises  
 we join the heavenly beings and all creation  
 as we sing with joy:

Sanctus | Holy, holy, holy Lord (from "Deutsche Messe") Hymnal S130

Ho - ly, ho - ly, ho - ly Lord, God of power and  
 might, Ho - ly, ho - ly, ho - ly Lord,  
 God of power and might, hea - ven and earth are  
 full, full of your glo - ry. Ho -  
 san - na in the high - est. Ho - san - na  
 in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na  
 in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*  
 We thank you that on the night before he died for us

Jesus took bread, and when he had given thanks to you, he broke it,  
gave it to his friends and said:  
"Take, eat, this is my Body, broken for you.  
Do this for the remembrance of me."

After supper Jesus took the cup of wine,  
said the blessing, gave it to his friends and said:  
"Drink this, all of you: this cup is the new Covenant in my Blood,  
poured out for you and for all for the forgiveness of sin.  
Do this for the remembrance of me."

And so, remembering all that was done for us:  
the cross, the tomb, the resurrection and ascension,  
longing for Christ's coming in glory, and presenting to you these gifts  
your earth has formed and human hands have made,  
we acclaim you, O Christ:

*Celebrant and People*  
Dying, you destroyed our death.  
Rising, you restored our life.  
Christ Jesus, come in glory!

*The Celebrant continues*  
Send your Holy Spirit upon us and upon these gifts of bread and wine  
that they may be to us the Body and Blood of your Christ.  
Grant that we, burning with your Spirit's power,  
may be a people of hope, justice and love.  
Giver of Life, draw us together in the Body of Christ,  
and in the fullness of time gather us with all your people  
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,  
by the inspiration of your Holy Spirit, we worship you our God and Creator  
in voices of unending praise.

*Celebrant and People*  
Blessed are you now and forever. AMEN.

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,	Vater unser im Himmel
hallowed be thy Name,	geheiligt werde dein Name.
thy kingdom come,	Dein Reich komme.
thy will be done,	Dein Wille geschehe,
on earth as it is in	wie im Himmel so auf Erden.
heaven.	Unser tägliches Brot gib uns heute.
Give us this day our daily bread.	Und vergib uns unsere Schuld,
And forgive us our trespasses,	wie auch wir vergeben
as we forgive those	unsern Schuldigern.
who trespass against us.	Und führe uns nicht in Versuchung,
And lead us not into temptation,	sondern erlöse uns von dem Bösen.
but deliver us from evil.	Denn dein ist das Reich

For thine is the kingdom,                   und die Kraft und die Herrlichkeit  
and the power, and the glory,               in Ewigkeit. Amen.  
for ever and ever. Amen.

#### The Breaking of the Bread

*Celebrant* Christ our Passover is sacrificed for us;

*People* Therefore let us keep the feast.

#### The Invitation to Communion

*Celebrant*

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.

#### ***A Prayer for Spiritual Communion with Those Worshiping Online***

*Celebrant and People*

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

#### Notes for Those Making a Physical Communion

- We maintain a system of one-way flows. Please remain in your seat until an usher invites you to move forward up the center aisle.
- For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.
- After receiving the bread, the chalice will be offered. Following convocation guidelines, intinction (dipping) is not allowed. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may touch the chalice as a sign of reverence, stop and bow to the chalice, or simply return to your seat down the side aisle.

Communion Anthem Prayer of St. Francis / A. Pote

(Feel free to remain seated during the Communion Hymn.)

Communion Hymn | *From thee all skill and science flow*

Hymn 566

1 From thee all skill and sci-ence flow, all pi - ty, care, and love,  
2 And has-ten, Lord, that per-fect day when pain and death shall cease,

all calm and cour-age, faith and hope: O pour them from a - bove!  
and thy just rule shall fill the earth with health and light and peace;

Im - part them, Lord, to each and all, as each and all shall need,  
when ev - er - blue the sky shall gleam, and ev - er-green the sod,

to rise, like in - cense, each to thee, in no - ble thought and deed.  
and our rude work de - face no more the hand - i - work of God.

The Postcommunion Prayer

BCP p. 365

*Celebrant* Let us pray.

*Celebrant and People*

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.

**Closing Hymn | Tell out, my soul, the greatness of the Lord**

Hymn 438



1 Tell out, my soul, the great-ness of the Lord!  
2 Tell out, my soul, the great-ness of his Name!  
3 Tell out, my soul, the great-ness of his might!  
4 Tell out, my soul, the glo - ries of his word!



Un - num - bered bless - ings give my spi - rit voice;  
Make known his might, the deeds his arm has done;  
Powers and do - min - ions lay their glo - ry by.  
Firm is his prom - ise, and his mer - cy sure.



ten - der to me the prom - ise of his word;  
his mer - cy sure, from age to age the same;  
Proud hearts and stub - born wills are put to flight,  
Tell out, my soul, the great - ness of the Lord



in God my Sa - vior shall my heart re - jice.  
his ho - ly Name— the Lord, the Might - y One.  
the hun - gry fed, the hum - ble lift - ed high.  
to chil - dren's chil - dren and for ev - er - more!

**The Sending and Blessing**

Christ the Son of God perfect in you the image of his glory  
and gladden your hearts with the good news of his kingdom;  
and the blessing of God Almighty, Father, Son and Holy Spirit, be with you now and remain with you always.

*Amen.*

*Celebrant* Let us go forth rejoicing in the power of the Spirit. *People* Thanks be to God.