

# The Holy Eucharist

Gathered and Livestream:  
Worshiping in Parish Hall



The Church of the Ascension  
*Munich*

First  
Sunday in Lent  
The Church of the Ascension

February 18, 2024  
12.00 p.m.

<http://www.ascension-munich.org/>  
Seybothstrasse 4, 81545 Munich

*The Episcopal Church in the Anglican Communion*

The Reverend Daniel R. Morrow    *revdanmorrow@gmail.com*  
*Priest-in-Charge*

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Lloyd Denton  
Roger Houghton

Amy Jordan  
Shema Paul  
Lena Petri

Maria Ramadori-  
Volker  
Laura Smith  
Joachim Zeller

*Members of the Vestry*

Patrick Kana    *Sexton*  
Julia Gaspar    *Parish Administrator*

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**SERVING IN WORSHIP TODAY**

The Reverend Daniel R. Morrow, *Celebrant / Preacher*

Nathaniel Anene    □    Charlotte Rieger    □    Martin Schaeffer  
*Acolytes*

Shema Paul    □    Rohit Paul  
*Altar Guild*

Mary Wulf    □    Sue Knowles  
*Ushers*

Gudrun Forstner  
*Organist*

Paul T. Pilgram  
*Bell Ringer*

Roger Houghton  
*Intercessor*

Shaun Aijukah    □    Steve Knowles (in church)

Jo Westcombe    □    Carol Adeney (online)  
*Tech Team*

Donald Adewale    □    Lena Petri (back-up)  
*Key Duty*

1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,  
 3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas-sion - tide,  
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to con-quer sin.  
 3 to die to self, and chief - ly live by thy most ho - ly word.  
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

**THE GREAT LITANY**

Holy God, Creator of heaven and earth,  
*Have mercy on us.*

Holy and Mighty, Redeemer of the world,  
*Have mercy on us.*

Holy Immortal One, Sanctifier of the faithful,  
*Have mercy on us.*

Holy, blessed and glorious Trinity, One God,  
*Have mercy on us.*

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent, *Savior deliver us.*

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,  
*Savior deliver us.*

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

*Savior deliver us.*

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

*Savior deliver us.*

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

*Savior deliver us.*

By your agony and trial; by your cross and passion; by your precious death and burial,

*Savior deliver us.*

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

*Savior deliver us.*

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

## KYRIE |

Hymn S102

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

*Celebrant*

Let us confess our sins against God and our neighbor.

Silence may be kept, and then together:

*Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbor as our selves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

### **The Collect of the Day**

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

*People* Amen

*All are invited to be seated*

### **The Lessons**

The First Reading | Genesis 9:8-17 *Read in German by Joachim Zeller*

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader*        The Word of the Lord.  
*People*        Thanks be to God

**Psalm** | 25:1-9, *Ad te, Domine, levavi*

*Led by Maria Ramadori-Volker*

1 To you, O Lord, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, \*  
and teach me your paths.

4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.

5 Remember, O Lord, your compassion and love, \*  
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O Lord.

7 Gracious and upright is the Lord; \*  
therefore he teaches sinners in his way.

8 He guides the humble in doing right \*  
and teaches his way to the lowly.

9 All the paths of the Lord are love and faithfulness \*  
to those who keep his covenant and his testimonies.

**The Second Reading | 1 Peter 3:18-22**

*Read by Maria Ramadori-Volker*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader*            The Word of the Lord.

*People*            Thanks be to God.

# Gospel Hymn *Eternal Lord of love, behold your Church*

Hymn 149

*Unison or harmony*

1 E - ter - nal Lord of love, be - hold your Church  
2 So dai - ly dy - ing to the way of self,  
3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,  
so dai - ly liv - ing to your way of love,  
you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,  
we walk the road, Lord Je - sus, that you trod,  
and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:  
know - ing our - selves hap - tized in - to your death:  
glo - rious in spring - time dress of leaf and flower,

far off yet here— the goal of all de - sire.  
so we are dead and live with you in God.  
so in the Fa - ther's glo - ry shall we wake.



## The Gospel | Mark 1:9-15

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory to you, Lord Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Celebrant* The Gospel of the Lord.

*People* Praise to you, Lord Christ.

## The Sermon

*The Reverend Daniel R. Morrow*

*Silence may be kept.*

*All are invited to stand*

## The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the

Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

### **Prayers of the People**

*Led by Roger Houghton*

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church.

let us pray to Christ.

Lord of compassion,

**in your mercy hear us.**

For peace in the world ...

that a spirit of respect and reconciliation may grow

among nations and peoples,

let us pray to Christ.

Lord of compassion,

**in your mercy hear us.**

For the poor, the persecuted, the sick, and all who suffer ...

for refugees, prisoners, and all in danger;

that they may be relieved and protected,

let us pray to the Christ.

Lord of compassion,

**in your mercy hear us.**

For those whom we have injured or offended,

let us pray to Christ.

Lord of compassion,  
**in your mercy hear us.**

For grace to amend our lives and to further the reign of God,  
let us pray to Christ.

Lord of compassion,  
**in your mercy hear us.**

In communion with all those who have walked in the way of holiness  
let us pray to Christ

Lord of compassion,  
**in your mercy hear us.**

Celebrant:

Holy God, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord. **Amen.**

*Silence*

### **The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.*

### **Announcements**

*The Reverend Daniel R. Morrow*

### **The Offertory**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.  
*—Ephesians 5:2*

**Thanks be to God.**

## Offertory Anthem Psalm 25 / J. Turle



*Please offer your gifts to God by making a bank transfer (EUR or USD), scanning this QR code in your PayPal app or by making a regular financial commitment to Church of the Ascension using the form form*

*[http://bit.ly/financial\\_commitment\\_2024](http://bit.ly/financial_commitment_2024) . Even a small amount given regularly helps.*

*God shall give his angels charge over you; to keep you in all your ways.  
They shall bear you in their hands: that you hurt not your foot against a  
stone*

# The Doxology

Old 100th, melody from Pseaumes octante trois de David, 1551  
Harmonization after Louis Bourgeois (1510-1561)

Musical notation for the first system, measures 1-3. The piece is in G major (one sharp) and 4/4 time. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are: Praise God, from whom all blessings flow. Praise

Musical notation for the second system, measures 4-6. The lyrics are: God all creatures here be - low. Praise God a - bove ye

Musical notation for the third system, measures 7-9. The lyrics are: heav - enly hosts. Praise Fath - er, Son, and

Musical notation for the fourth system, measures 10-12. The lyrics are: Ho - ly Ghost. A - men.

# The Great Thanksgiving

*Eucharistic Prayer B, BCP p. 367*

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give God thanks and praise.

*The celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

## **Sanctus** | Holy, holy, holy Lord (from “*Deutsche Messe*”) Hymnal S130

*Those who are on Zoom, please feel free to sing along with sound muted.*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, \_\_\_\_\_ Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, \_\_\_\_\_ hea - ven and earth are  
full, \_\_\_\_\_ full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,  
*Celebrant and People (muted)*

We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;

*Celebrant*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

*The celebrant continues*

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People*

Our Father, who art in heaven,	Vater unser im Himmel
hallowed be thy Name,	geheiligt werde dein Name.
thy kingdom come,	Dein Reich komme.
thy will be done,	Dein Wille geschehe,
on earth as it is in	wie im Himmel so auf Erden.
heaven.	Unser tägliches Brot gib uns heute.
Give us this day our daily bread.	Und vergib uns unsere Schuld,
And forgive us our trespasses,	wie auch wir vergeben
as we forgive those	unsern Schuldigern.
who trespass against us.	Und führe uns nicht in Versuchung,
And lead us not into temptation,	sondern erlöse uns von dem Bösen.
but deliver us from evil.	Denn dein ist das Reich
For thine is the kingdom,	und die Kraft und die Herrlichkeit
and the power, and the glory,	in Ewigkeit. Amen.
for ever and ever. Amen.	



## The Breaking of the Bread

*Celebrant* Christ our Passover is sacrificed for us;

*People* Therefore let us keep the feast.

## The Invitation to Communion

*Celebrant*

This is the banquet of Christ. In His kingdom there are no outcasts.

Wherever you find yourself on the journey of faith, you are welcome at God's table.

*The wine has been donated this morning by Deirdre Tincker In loving memory of her husband Wolfgang Sieghart and her dear friend Horace Gibson.*

## A Prayer for Spiritual Communion with Those Worshiping Online

*Celebrant and People*

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

## Notes for Those Making a Physical Communion

- *Please remain in your seat until an usher invites you come forward.*
- *For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.*
- *For those who wish, the chalice will be offered on either side of the altar. Following convocation guidelines, intinction will not be allowed at this time. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may simply return to your seat, stop and bow to the chalice or simply touch the chalice as a sign of reverence.*

## Communion Anthem

Ave verum / A. Guilmant

*Hail, true Body, born of Mary the Virgin;  
truly suffering, sacrificed on the cross for man;  
from Whose pierced side flowed water and blood.*

*Be to us a foretaste at death's trial, O sweet Jesus, O loving Jesus, O  
Jesus, Son of Mary.*

**Communion Hymn** *O love, how deep, how broad, how high* Hymn 448

Please omit vs 3



1 O love, how deep, how broad, how high, how pass - ing  
2 For us bap - tized, for us he bore his ho - ly  
3 For us he prayed; for us he taught; for us his  
4 For us to wick - ed hands be - trayed, scourged, mocked, in  
5 For us he rose from death a - gain; for us he  
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of  
2 fast and hun - gered sore; for us temp - ta - tions  
3 dai - ly works he wrought: by words and signs and  
4 pur - ple robe ar - rayed, he bore the shame - ful  
5 went on high to reign; for us he sent his  
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.  
2 sharp he knew; for us the tempt - er ov - er - threw.  
3 ac - tions, thus still seek - ing not him - self, but us.  
4 cross and death; for us gave up his dy - ing breath.  
5 Spi - rit here to guide, to strength - en, and to cheer.  
6 we a - dore for ev - er and for ev - er - more.

## The Postcommunion Prayer

BCP p. 365

*All are invited to stand*

*Celebrant* Let us pray.

*Celebrant and People*

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

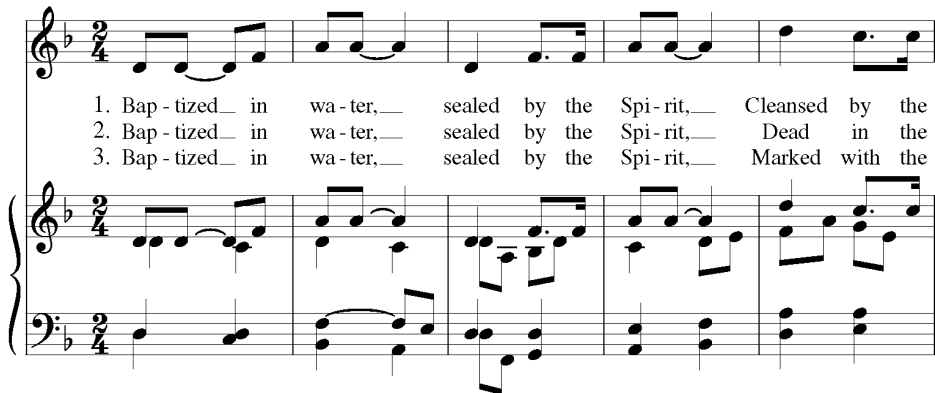
## The Blessing

*Celebrant*

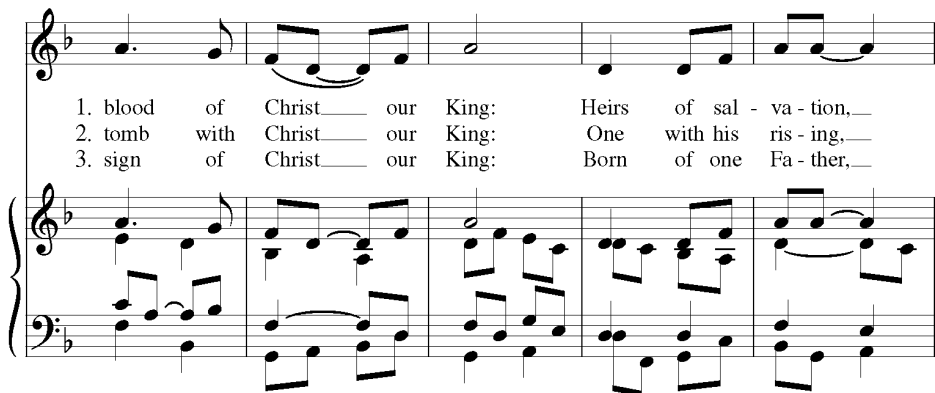
Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**

# Closing Hymn | *Baptized in water*

# Hymn 121 (LEVAS)



1. Bap - tized in wa - ter, sealed by the Spi - rit, Cleansed by the  
2. Bap - tized in wa - ter, sealed by the Spi - rit, Dead in the  
3. Bap - tized in wa - ter, sealed by the Spi - rit, Marked with the



1. blood of Christ our King: Heirs of sal - va - tion,  
2. tomb with Christ our King: One with his ris - ing,  
3. sign of Christ our King: Born of one Fa - ther,



1. trust - ing his prom - ise, Faith - ful - ly now God's praise we sing.  
2. freed and for - giv - en, Thank - ful - ly now God's praise we sing.  
3. we are his child - ren, Joy - ful - ly now God's praise we sing.

## The Dismissal

Celebrant Let us go forth into the world rejoicing in the power of the Spirit.  
People Thanks be to God.