

The Holy Eucharist



The Church of the Ascension *Munich*

The First Sunday in Lent

February 26, 2023

12.00 p.m.

www.ascension-munich.org

Seybothstraße. 4, 81545 München

The Church of the Ascension

The Episcopal Church in the Anglican Communion

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Priest Associate

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Lois Stuckenbruck *Parish Administrator*

SERVING IN WORSHIP TODAY

The Reverend Daniel R. Morrow

Celebrant / Preacher

Shema Paul • Rohit Paul

Altar Guild

Peter Gray • Rolf Schneider

Ushers

Martin Shedd

Organist

Paul T. Pilgram

Bell Ringer

Steve Knowles • David Case (in Church)

Carol Forrester • Carol Adeney (online)

Tech Team

Janet Day-Strehlow • Shema Paul (back-up)

Key Duty

The Holy Eucharist

The First Sunday in Lent

ORDER OF SERVICE

A warm welcome to all!

***Please keep your microphones muted on Zoom
for the duration of this service.***

***While masks are no longer mandatory,
we encourage you to continue to wear them while in church.***

The Ringing of the Bells

ORGAN PRELUDE | “Herzliebster Jesu, was hast du verbrochen“

Paul Fey

All are invited to stand



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 *5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be - ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures forever.

Celebrant The Decalogue:

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Celebrant

Let us confess our sins against God and our neighbor.

Silence may be kept, and then together:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as our selves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Kyrie

Hymn S-96

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord, Christ, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

People Amen

All are invited to be seated

The Lessons

The First Reading | Genesis 2:15-17; 3:1-7

*Read in German by
Charlotte Rieger*

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.
People Thanks be to God

Psalm | 32

Led by Roger Houghton

1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!

2 Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!

3 While I held my tongue, my bones withered away, *
because of my groaning all day long.

4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

5 Then I acknowledged my sin to you, *
and did not conceal my guilt.

6 I said, " I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.

7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.

8 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.

9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.

10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."

11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

The Second Reading | Romans 5:12-19

Read by Roger Houghton

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.

People Thanks be to God.

Gospel Hymn "Forty days and forty nights"

Hymn 150

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

The Gospel | Matthew 4:1-11

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Reverend Daniel R. Morrow

Silence may be kept.

All are invited to stand

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Led by Janet Day-Strehlow

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church.
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

For peace in the world ...
that a spirit of respect and reconciliation may grow
among nations and peoples,
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer ...
for refugees, prisoners, and all in danger;
that they may be relieved and protected,
let us pray to the Christ.
Lord of compassion,

in your mercy hear us.

For those whom we have injured or offended,
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

For grace to amend our lives and to further the reign of God,
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

In communion with all those who have walked in the way of holiness ...
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

Celebrant:
Holy God,
in your love and goodness
you have taught us to come close to you in penitence
with prayer, fasting and generosity;
accept our Lenten discipline,
and when we fall by our weakness,
raise us up by your unfailing mercy;
through Jesus Christ our Lord.
Amen.

Silence

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.

The Offertory

Offertory Sentence:

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

—Ephesians 5:2

Thanks be to God.

Offertory Anthem “Angelis suis Deus”

J.M. Haydn

God shall give his angels charge over you; to keep you in all your ways.
They shall bear you in their hands: that you hurt not your foot against a stone.

Doxology | “From all that dwell below the skies”

Hymnal 380

*3 Praise God, from whom all blessings flow; praise
 him, all creatures here below; praise him above, ye
 heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus | Holy, holy, holy Lord (from “Deutsche Messe”)

Hymnal S130

Those who are on Zoom, please feel free to sing along with sound muted.

Ho - ly, ho - ly, ho - ly Lord, God of power and
 might, Ho - ly, ho - ly, ho - ly Lord,
 God of power and might, hea - ven and earth are
 full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na
in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na
in the high - est. Ho - san - na in the high - est.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People (muted)

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all;
presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

The celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

The Invitation to Communion

Celebrant

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.

The wine has been donated this morning by Deirdre Tincker In loving memory of her husband Wolfgang Sieghart and her dear friend Horace Gibson.

A Prayer for Spiritual Communion with Those Worshiping Online

Celebrant and People

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

Notes for Those Making a Physical Communion

- *Please remain in your seat until an usher invites you come forward.*
- *For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.*
- *For those who wish, the chalice will be offered on either side of the altar. Following convocation guidelines, intinction will not be allowed at this time. Please know that the church has always taught that communion in one kind is a full and valid communion. If you do not wish to drink from the chalice, you may simply return to your seat, stop and bow to the chalice or simply touch the chalice as a sign of reverence.*

Communion Anthem "Turn thy face from my sins "

T. Attwood

Communion Hymn "Bless the Lord my soul"

Hymn 825 (WLP)

Bless the Lord my soul and bless God's ho - ly name.

The first line of music is in 4/4 time, key of B-flat major. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are: "Bless the Lord my soul and bless God's ho - ly name."

Bless the Lord my soul, Who leads me in - to life.

The second line of music is in 4/4 time, key of B-flat major. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are: "Bless the Lord my soul, Who leads me in - to life."

The Postcommunion Prayer

BCP p. 365

All are invited to stand

Celebrant Let us pray.

Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

The Blessing

Celebrant

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**

Closing Hymn | "A mighty fortress is our God"


Hymn 688

1 A might - y for - tress is our God, a bul - wark nev - er
 2 Did we in our own strength con - fide, our striv - ing would be
 3 And though this world, with dev - ils filled, should threat - en to un -
 4 That word a - bove all earth - ly powers, no thanks to them, a -

fail - ing; our help - er he a - mid the flood
 los - ing; were not the right man on our side,
 do us; we will not fear, for God hath willed
 bid - eth; the Spi - rit and the gifts are ours

of mor - tal ills pre - vail - ing; for still our an - cient foe
 the man of God's own choos - ing; dost ask who that may be?
 his truth to tri - umph through us; the prince of dark - ness grim,
 through him who with us sid - eth: let goods and kin - dred go,

doth seek to work us woe; his craft and power are great,
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,
 we trem - ble not for him; his rage we can en - dure,
 this mor - tal life al - so; the bo - dy they may kill:



and, armed with cru - el hate, on earth is not his e - qual.
 from age to age the same, and he must win the bat - tle.
 for lo! his doom is sure, one lit - tle word shall fell him.
 God's truth a - bid - eth still, his king - dom is for ev - er.

The Dismissal

Celebrant Let us go forth into the world rejoicing in the power of the Spirit.
 People Thanks be to God.

ORGAN POSTLUDE | Fanfare on "Ein feste Burg" Roberta Rowland-Raybold



Please join us in the Gemeindesaal (Fellowship Hall) for coffee after the service.



