The Holy Eucharist



The Church of the Ascension

The Second Sunday in Lent

March 5, 2023 12.00 p.m.

www.ascension-munich.org

Seybothstraße. 4, 81545 München

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The Church of the Ascension

The Episcopal Church in the Anglican Communion

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Shema Paul Charlotte Rieger Joachim Zeller

Members of the Vestry The Reverend Dr. Alison Gray revaligray@ascension-munich.com Priest Associate

Patrick Kana Sexton

Lois Stuckenbruck Parish Administrator

SERVING IN WORSHIP TODAY

The Reverend Daniel R. Morrow, Celebrant The Reverend Dr. Alison Gray, Preacher

> Carol T. Forrester Altar Guild

Mary Wulf • Joachim Zeller

Ushers

Gudrun Forster

Organist

Paul T. Pilgram Bell Ringer

Steve Knowles (in Church)

Carol Adeney • Jo Westcombe (online) Tech Team

Joachim Zeller • Maria Ramadori-Volker (back-up)

Key Duty

The Holy Eucharist

The Second Sunday in Lent

ORDER OF SERVICE
A warm welcome to all!
Please keep your microphones muted on Zoom
for the duration of this service.
While masks are no longer mandatory,
we encourage you to continue to wear them while in church.
he Ringing of the Bells

ORGAN PRELUDE

All are invited to stand

OPENING HYMN | "Eternal Lord of love, behold your Church"

Hymn 149





All are invited to stand

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures forever.

Celebrant The Decalogue:

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these."

Mark 12:29-31

Celebrant

Let us confess our sins against God and our neighbor.

Silence may be kept, and then together:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbor as our selves. We are truly sorry and We humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.



The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever.

People Amen

All are invited to be seated

The Lessons

The First Reading | Genesis 12:1-4a

Read in German by Reimar Volker

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the LORD had told him; and Lot went with him.

Reader The Word of the Lord.
People Thanks be to God

Psalm 121 I

Led by Reimar Volker

1 I lift up my eyes to the hills; * from where is my help to come?

2 My help comes from the Lord, * the maker of heaven and earth

3 He will not let your foot be moved * and he who watches over you will not fall asleep.

4 Behold, he who keeps watch over Israel * shall neither slumber nor sleep;

5 The Lord himself watches over you; * the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, * nor the moon by night.

7 The Lord shall preserve you from all evil; * it is he who shall keep you safe.

8 The Lord shall watch over your going out and your coming in, * from this time forth for evermore.

The Second Reading | Romans 4:1-5, 13-17

Read by Chrissie Grant

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.
People Thanks be to God.



The Gospel | John 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the

presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Reverend Dr. Alison J. Gray

Silence may be kept.

All are invited to stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

With confidence and trust let us pray to Christ.

For the one holy catholic and apostolic Church. let us pray to Christ. Lord of compassion, in your mercy hear us.

For peace in the world ...
that a spirit of respect and reconciliation may grow
among nations and peoples,
let us pray to Christ.
Lord of compassion,
in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer ... for refugees, prisoners, and all in danger; that they may be relieved and protected, let us pray to the Christ.

Lord of compassion,
in your mercy hear us.

For those whom we have injured or offended, let us pray to Christ.
Lord of compassion,
in your mercy hear us.

For grace to amend our lives and to further the reign of God, let us pray to Christ.
Lord of compassion,
in your mercy hear us.

In communion with all those who have walked in the way of holiness ... let us pray to Christ.
Lord of compassion,
in your mercy hear us.

Celebrant:

Holy God, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord.

Amen.

Silence

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

The People may greet one another in the name of the Lord. Please greet only those in your vicinity by reverently bowing and without moving into the aisles.

Announcements

The Reverend Daniel R. Morrow

The Offertory

Offertory Sentence:

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

—Ephesians 5:2

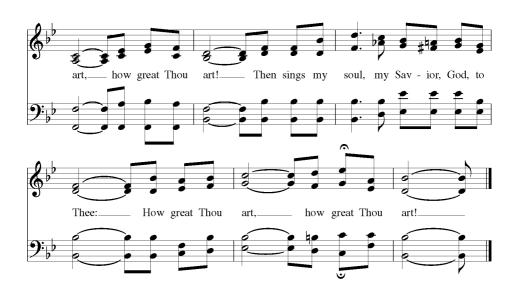
Thanks be to God.



Please offer your gifts to God by making a bank transfer (EUR or USD), scanning this QR code in your PayPal app, or by placing your offering in the plate.



^{*} The translator's original words are "works" and "mighty."





The Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

The celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

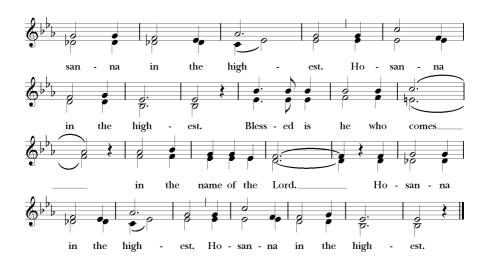
Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus | Holy, holy, holy Lord (from "Deutsche Messe")

Hymnal S130

Those who are on Zoom, please feel free to sing along with sound muted.





The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People (muted)

We remember his death, We proclaim his resurrection, We await his coming in glory;

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

The celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

The Invitation to Communion

Celebrant

This is the banquet of Christ. In His kingdom there are no outcasts. Wherever you find yourself on the journey of faith, you are welcome at God's table.

A Prayer for Spiritual Communion with Those Worshiping Online

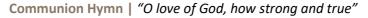
Celebrant and People

Lord Jesus, as you promised to be with us in the bread and wine that is your body and blood, grant that we may receive you spiritually today into our hearts, minds and souls. Stay with us; be our companion in the way; kindle our hearts and awaken hope that we may know you and have confidence in your loving care, now and forever. Amen.

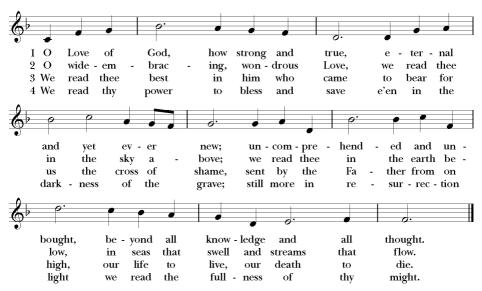
Notes for Those Making a Physical Communion

- Please remain in your seat until an usher invites you come forward. Form one line for the host, then move right or left for the cup.
- For those with gluten allergies, gluten-free communion wafers are available. Simply ask the priest as communion is offered to you.
- For those who wish, the chalice will be offered on either side of the altar. Following
 convocation guidelines, intinction will not be allowed at this time. Please know that the
 church has always taught that communion in one kind is a full and valid communion. If
 you do not wish to drink from the chalice, you may simply return to your seat, stop and
 bow to the chalice or simply touch the chalice as a sign of reverence.

Communion Music







The Postcommunion Prayer

BCP p. 365

All are invited to stand

Celebrant Let us pray.

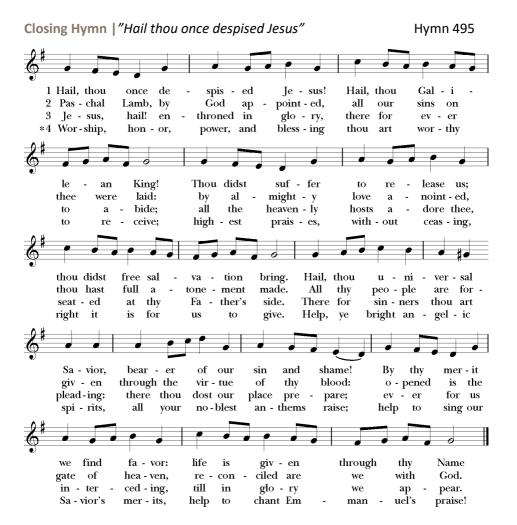
Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. **Amen.**

The Blessing

Celebrant

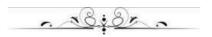
Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, Father, Son and Holy Spirit be with you now and remain with you forever. **Amen**



The Dismissal

Celebrant Let us go forth into the world rejoicing in the power of the Spirit. *People* Thanks be to God.

ORGAN POSTLUDE



Please join us in the Gemeindesaal (Fellowship Hall) for a Lenten Lunch: Soup, bread, coffee and fellowship.

